



QPHS Year 9 PSHCE Curriculum Map

Half term	Title	Unit summary	Assessment
1	Choices & Influences (Booklet 1)	<ul style="list-style-type: none"> • Mental Health concerns: stress, anxiety, depression • Managing Mental Health: coping strategies and signposting support • Wellbeing • Self-harm • Eating disorders • Change, loss, grief and bereavement 	<p>Ipsative Assessment is used in PSHCE. This assessment method focuses on students assessing their own personal progress and growth against a set of I can statements.</p>
2			
3	Citizenship (Booklet 2)	<ul style="list-style-type: none"> • Political system of democratic Government • Operation of Parliament • Precious liberties of UK Citizens • Rules, laws and Justice system 	<p>Ipsative Assessment is used in PSHCE. This assessment method focuses on students assessing their own personal progress and growth against a set of criteria.</p>
4	RSHE Relationships, Sex, Health Education (Booklet 3)	<ul style="list-style-type: none"> • Healthy & unhealthy relationships • Consent & boundaries • Relationships and sex in the media • Contraception • Sexually Transmitted Infections • Cancer awareness • Vaccinations 	<p>Ipsative Assessment is used in PSHCE. This assessment method focuses on students assessing their own personal progress and growth against a set of I can statements.</p>
5			
6	Careers (Booklet 4)	<p>Career Development Institute strands:</p> <ul style="list-style-type: none"> • Manage Career • Create Opportunities • Grow throughout life • Exploring possibilities • Seeing the bigger picture • Balance life and work 	<p>Ipsative Assessment is used in PSHCE. This assessment method focuses on students assessing their own personal progress and growth against a set of I can statements.</p>