QPHS Year 13 BTEC Curriculum Map

Half term	Title	Unit summary	Assessment
1 & 2	Unit 2: Fitness Training (Synopic exam)	✓ Examine lifestyle factors and their effect on health and well-being ✓ Understand the screening processes for training programming	Practice exam questions.
	Unit 2: Fitness Training (Synopic exam)	✓ Examine training methods for different components of fitness ✓ Understand training programme design	Practice exam questions.
	Unit 2: Fitness Training (Synopic exam)	✓ Understand programme-related nutritional needs	Practice exam questions.
3	Unit 3: Professional development in the sports industry (assignment 1)	✓ A1 Scope and provision of the sports industry ✓ A2 Careers and jobs in the sports industry	Completed assignment marked inline with BTEC guidelines.
	Unit 3: Professional development in the sports industry (assignment 2)	✓ C1 Job applications ✓ C2 Interviews and selected career pathway-specific skills	Completed assignment marked inline with BTEC guidelines.
4	Unit 3: Professional development in the sports industry (assignment 1)	✓ A3 Professional training routes, legislation, skills in the sports industry A4 Sources of continuing professional development (CPD)	Completed assignment marked inline with BTEC guidelines.
	Unit 3: Professional development in the sports industry (assignment 2)	✓ D1 Review and evaluation	Completed assignment marked inline with BTEC guidelines.
5	Unit 3: Professional development in the sports industry (assignment 1)	✓ B1 Personal skills audit for potential careers ✓ B2 Planning personal development towards a career in the sports industry	Completed assignment marked inline with BTEC guidelines.
	Unit 3: Professional development in the sports industry (assignment 2)	✓ D2 Updated SWOT and action plan	Completed assignment marked inline with BTEC guidelines.
6	Unit 3: Professional development in the sports industry (assignment 1)	✓ B3 Maintaining a personal portfolio/record of achievement and experience	Completed assignment marked inline with BTEC guidelines.