

PSHCE PROGRESSION MAP

- Relationships & Sex Education
- Physical Health & Wellbeing
- Mental Health & Wellbeing
- Careers
- Living in the wider world

KS4

Skills for employment, life after Yr 11

Internet safety & harms; dark web, cyber crime, online fraud. Making Healthy choices

Violence & abusive relationships

Eating disorders & body image

British values & community; diversity, LGBTQAI. Peer pressure & child exploitation ; crime, gangs, county lines

Anxiety & stress, developing interpersonal skills and growth mind set

Careers, pathways, options, futures, employability skills

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Health & personal safety, peer pressure, assertiveness & risk

Mindfulness, self management / awareness

Addiction, First Aid, Personal Safety, Teenage pregnancy

My future- Employability skills / LMI

Sexuality, consent, sexual health

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Online safety and digital literacy

Stereotypes, prejudice & discrimination

Family, Friendships, Diversity, Prejudice & bullying

Careers / LMI / Aspirations

Citizenship, British Values, racism, extremism

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Puberty & Hygiene

Diet, Exercise, Substances

Emotional Literacy

Healthy Lifestyles

My New School