

# Practical and emotional support just when you need it

## Your Employee Assistance Programme



Support for  
issues at home  
and at work



Financial  
guidance



Legal  
enquiries



Support and  
coaching  
for managers



Signposting  
and general  
help

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**Confidential help 24/7, 365 days a year**

**08000 856 148**  
**[educationsupport.org.uk](https://www.educationsupport.org.uk)**

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and education staff  
wellbeing for 145 years

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