

Lunch week 1

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL £1.90	Crispy Chicken Wrap served with potato wedges	Beef Chili Con Carne served with Fluffy Rice & Tortilla Chips	Roast Turkey served with Roast potatoes & Pan Gravy	Chicken Tikka Masala served with Steamed Rice	Battered Fish served with Chips & Peas or Baked Beans
ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY					
PLANT BASED / VEGETARIAN £1.90	Plant based Vegetable burger served with Cajon potato wedges	Vegetarian Chili Served with fluffy rice & Tortilla Chips	Macaroni Cheese	Vegetable Biryani	Vegetable spring rolls served with Chips & Peas or Baked Beans
ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY					
STREET FOOD £1.90	Piri Piri Chicken Wrap	Roasted Vegetable Pitta	Beefburger with Salad & Salsa	Chicken Tandoori Flatbread	Southern fired chicken & Chips
TAKEAWAY TUBS £1.90	Pasta Pomodoro	Basilico Pasta	Penne Arrabiata	Vegetable Bolognese Pasta	Pasta Pomodoro
	Chicken Torino Pasta	Pasta Bolognese	Italian Meatballs	Firecracker Chicken Pasta	Beef Chili Pasta
PIZZA SLICE £1.20	Margarita Pepperoni	Margarita Ham & Tomato	Margarita Chicken & Sweetcorn	Margarita Hot & Spicy	Margarita BBQ Chicken
JACKETS 1.00	TRY OUR DELICIOUS FILLINGS FOR 50p EACH				
DESSERTS 90p	Jam Sponge & Custard	Chocolate Brownie	Banana Cake & Custard	Apple Crumble & Custard	Orange & Oatmeal Cookie

Meal Deal

Main Meal
With Vegetables
And Dessert



+



+



£2.30

All Of Our Main Meals,
Sandwiches & Desserts Are
Freshly Made On Site Every Day