

Lunch week 3

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL £1.90	Mexican Chicken & Rice	Beef Bolognese served with Garlic Bread	Roast Pork served with Stuffing, Gravy & Roast Potatoes	Chicken & Vegetable Stir-fry	Battered Fish served with Chips, Baked Beans or Peas/ Mushy Peas
ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY					
PLANT BASED / VEGETARIAN £1.90	Vegetable Flatbread served with Potato Wedges	Broccoli Pasta Bake served with Garlic Bread	Vegetable Toad in the Hole with vegetables & potatoes	Vegetable Mince Keema	Vegetable & Mixed Bean Wrap served with Chips & Salad
ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY					
STREET FOOD £1.90	Vegetable Chow Mein	Chicken Fried Rice & Curry Sauce	Cheese Burger & Relish	Chicken Wrap served with mint yogurt	Southern fried chicken & Chips
TAKEAWAY TUBS £1.90	Pasta Pomodoro	Basilico Pasta	Penne Arrabiata	Vegetable Bolognese Pasta	Pasta Pomodoro
	Chicken Torino Pasta	Pasta Bolognese	Italian Meatballs	Firecracker Chicken Pasta	Beef Chili Pasta
PIZZA SLICE £1.20	Margarita Pepperoni	Margarita Ham & Tomato	Margarita Chicken & Sweetcorn	Margarita Hot & Spicy	Margarita BBQ Chicken
JACKETS £0.90	TRY OUR DELICIOUS FILLINGS FOR 50p EACH				
DESSERTS £0.90	Iced Chocolate Sponge	Apple Flapjack	Lemon Drizzle Cake	Vanilla Sponge with Custard	Ginger Shortbread

Meal Deal

Main Meal
With Vegetables
And Dessert



+



+



£2.30

All Of Our Main Meals,
Sandwiches & Desserts Are
Freshly Made On Site Every Day