

Break

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE BAKERY	WAFFLES	PANCAKES & SYRUP	CHEESE & BACON PUFF	CROISSANT	WAFFLES
PLANT BASED / VEGETARIAN	VEGAN SAUSAGE ROLL	BEAN AND CHEESE MELT	BEAN & HASH BROWN POT	TOMATO & CHEESE MELT	HASH BROWNS
HOT BREADS & SLICES	HAM & CHEESE PUFF	SAUSAGE BAP	EGG & BEAN WRAP	CHICKEN & BACON WRAP	SAUSAGE BAP
	CHEESE & TOMATO FRENCH BREAD	BREAKFAST WRAP	HASH BROWNS	SPICY WEDGES	ROASTED TOMATO & MUSHROOM WRAP
SAVOURY	SAUSAGE ROLL	SAUSAGE ROLL	SAUSAGE ROLL	SAUSAGE ROLL	SAUSAGE ROLL
	BACON BAP	BACON BAP	BACON BAP	BACON BAP	BACON BAP
ON THE SIDE	TOAST	TOAST	TOAST	TOAST	TOAST
SALADS	SELECTION OF FRUIT & DESSERT POTS	SELECTION OF FRUIT & DESSERT POTS	SELECTION OF FRUIT & DESSERT POTS	SELECTION OF FRUIT & DESSERT POTS	SELECTION OF FRUIT & DESSERT POTS

Hot Dogs, Burgers, Paninis & Sausage Rolls

Baguettes
Different breads with different spreads



Fresh Fruit



Fresh Smoothie