

Breakfast

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PORRIDGE	PORRIDGE	PORRIDGE	PORRIDGE	PORRIDGE	PORRIDGE
	WHY NOT TRY OUR EXTRA TOPPINGS AT 30P PER ITEM				
DAILY POTS	FRESH FRUIT YOGHURT GRANOLA / OATS	FRESH FRUIT YOGHURT GRANOLA / OATS	FRESH FRUIT YOGHURT GRANOLA / OATS	FRESH FRUIT YOGHURT GRANOLA / OATS	FRESH FRUIT YOGHURT GRANOLA / OATS
PLANT BASED	BANANA PANCAKES	BERRY MUFFIN	BANANA PANCAKES	BERRY MUFFIN	WAFFLES
BREAD & BAKES	TOAST	BAGEL	TOAST	BAGEL	TOAST
	ADD CHEESE OR JAM 30P				
HOT ROLLS	SAUSAGE BAP	BACON BAP	SAUSAGE BAP	BACON BAP	SAUSAGE BAP

**Simple
Breakfast Bap**
Bacon, Sausage or Egg

**Croissants
& Pastries**



**Smoothie
of the day**



**Fresh
Fruit**

**Cheese
on Toast**

**Free
Hydration
Station**