

Allergen Report

Generated : 13/10/2025

Menu: MINT Spring 2025 Week 1



In the event of any product substitutions allergens could change. abm have a process to check product and allergen changes. However, should a diet have special dietary requirement this should be notified to the school by proving a special dietary requirement form and supporting medical evidence and a special dietary menu will be produced.

✓ Contains Allergen
? May Contain Allergen
 ! Missing Allergen Information
 🌿 Vegetarian
 🌱 Vegan
 🚫 Gluten Free
 👤 Modifier










Pizza Slice

	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereals Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazelnuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites	
Mint 2022 PEPPERONI PIZZA *	?	✓	?	✓	?																		✓					
Mint 2022 MARGHERITA PIZZA * 🌿	?	✓	?	✓	?																		✓					
Mint 2022 Ham and tomato pizza*	?	✓	?	✓	?																		✓					
Mint 2022 Chicken and Sweetcorn Pizza Slice*	?	✓	?	✓	?																		✓					
MINT 2022 AMERICAN HOT PIZZA* 🌿	?	✓	?	✓	?																		✓					
Mint 2022 BBQ CHICKEN PIZZA*	?	✓	?	✓	?																		✓					

Street Food

	Sulphites	Mustard	Lupin	Celery and Celeriac	Milk	Sesame Seeds	Soya and Soya Products	Molluscs	Crustaceans	Fish	Eggs	Hazelnuts	Tree Nuts	Almonds	Brazil Nuts	Cashew Nuts	Macadamia Nuts	Pecan Nuts	Pistachio Nuts	Walnuts	Other Nuts	Peanuts	Gluten (Oats)	Cereals Containing Gluten	Gluten (Rye)	Gluten (Wheat)	Gluten (Barley)
Mint 2022 Piri Piri Chicken Wrap*											>													>		>	
Mint 2022 Chicken Burritos *																								>		>	
Mint 2022 Chicken Tikka folded naan*																								>		>	
Mint 2022 Pulled pork and stuffing wrap*																								>		>	
Mint 2022 Chicken Gyros *																								>		>	

Vegetarian Main Course

	Sulphites	Mustard	Lupin	Celery and Celeriac	Milk	Sesame Seeds	Soya and Soya Products	Molluscs	Crustaceans	Fish	Eggs	Hazelnuts	Tree Nuts	Almonds	Brazil Nuts	Cashew Nuts	Macadamia Nuts	Pecan Nuts	Pistachio Nuts	Walnuts	Other Nuts	Peanuts	Gluten (Oats)	Cereals Containing Gluten	Gluten (Rye)	Gluten (Wheat)	Gluten (Barley)	
Mint 2022 Veggie burger in bun * 						✓																		✓		✓		
MINT 2022 Potato Wedges* 																												
Mint 2022 Spicy Rice* 																												
Mint 2022 Nachos* 							✓																					
Mint 2022 Vegetable chilli (new recipe)* 																												
MINT 2022 Roast Vegan Quorn Fillet (new recipe)* 																								✓		✓		
Mint 2022 Sweet potato and chickpea curry (new recipe)* 																												
MINT 2022 Green Beans* 																												
Mint 2022 Sweet Potato Falafel Gyros (new recipe)* 																								✓		✓		







Vegetable

Sulphites		
Mustard		
Lupin		
Celery and Celeriac		
Milk		
Sesame Seeds		
Soya and Soya Products		
Molluscs		
Crustaceans		
Fish		
Eggs		
Hazelnuts		
Tree Nuts		
Almonds		
Brazil Nuts		
Cashew Nuts		
Macadamia Nuts		
Pecan Nuts		
Pistachio Nuts		
Walnuts		
Other Nuts		
Peanuts		
Gluten (Oats)		
Cereals Containing Gluten		
Gluten (Rye)		
Gluten (Wheat)		
Gluten (Barley)		
	Mint 2022 Carrots * 	
	Mint 2022 Garden peas* 	

Jacket Potatoes

Sulphites		
Mustard		
Lupin		
Celery and Celeriac		
Milk		
Sesame Seeds		
Soya and Soya Products		
Molluscs		
Crustaceans		
Fish		
Eggs		
Hazelnuts		
Tree Nuts		
Almonds		
Brazil Nuts		
Cashew Nuts		
Macadamia Nuts		
Pecan Nuts		
Pistachio Nuts		
Walnuts		
Other Nuts		
Peanuts		
Gluten (Oats)		
Cereals Containing Gluten		
Gluten (Rye)		
Gluten (Wheat)		
Gluten (Barley)		
	Mint 2022 Plain Jacket Potato * 	

Dessert

	Sulphites	Mustard	Lupin	Celery and Celeriac	Milk	Sesame Seeds	Soya and Soya Products	Molluscs	Crustaceans	Fish	Eggs	Hazelnuts	Tree Nuts	Almonds	Brazil Nuts	Cashew Nuts	Macadamia Nuts	Pecan Nuts	Pistachio Nuts	Walnuts	Other Nuts	Peanuts	Gluten (Oats)	Cereals Containing Gluten	Gluten (Rye)	Gluten (Wheat)	Gluten (Barley)
Mint 2022 CHOCOLATE BROWNIE * 											>													>		>	
Mint 2022 Jam Sponge* 											>													>		>	?
MINT 2022 CUSTARD* 					>		?				?													?		?	
MINT 2022 APPLE CRUMBLE AND SAUCE * 					>		?				?													>		>	
Mint 2022 Orange Oatmeal Cookie * 					>		?				>												>			>	?
MINT 2022 Banana Traybake * 											>													>		>	?