

Allergen Report

Generated : 13/10/2025

Menu: MINT Spring 2025 Week 3



In the event of any product substitutions allergens could change. abm have a process to check product and allergen changes. However, should a diet have special dietary requirement this should be notified to the school by proving a special dietary requirement form and supporting medical evidence and a special dietary menu will be produced.

✓ Contains Allergen
? May Contain Allergen
 ! Missing Allergen Information
 🌿 Vegetarian
 🌱 Vegan
 🌾 Gluten Free
 👤 Modifier

Pizza Slice

	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereals Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazelnuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Mint 2022 PEPPERONI PIZZA *	?	✓	?	✓	?																		✓				
Mint 2022 MARGHERITA PIZZA * 🌿	?	✓	?	✓	?																		✓				
Mint 2022 Ham and tomato pizza*	?	✓	?	✓	?																		✓				
Mint 2022 Chicken and Sweetcorn Pizza Slice*	?	✓	?	✓	?																		✓				
MINT 2022 AMERICAN HOT PIZZA* 🌿	?	✓	?	✓	?																		✓				
Mint 2022 BBQ CHICKEN PIZZA*	?	✓	?	✓	?																		✓				

Street Food

	Sulphites	Mustard	Lupin	Celery and Celeriac	Milk	Sesame Seeds	Soya and Soya Products	Molluscs	Crustaceans	Fish	Eggs	Hazelnuts	Tree Nuts	Almonds	Brazil Nuts	Cashew Nuts	Macadamia Nuts	Pecan Nuts	Pistachio Nuts	Walnuts	Other Nuts	Peanuts	Gluten (Oats)	Cereals Containing Gluten	Gluten (Rye)	Gluten (Wheat)	Gluten (Barley)
Mint 2022 Piri Piri Chicken Wrap*											>													>		>	
Mint 2022 Chicken Burritos *																								>		>	
Mint 2022 Chicken Tikka folded naan*																								>		>	
Mint 2022 Pulled pork and stuffing wrap*																								>		>	
Mint 2022 Chicken Gyros *																								>		>	

Main Course

	Sulphites	Mustard	Lupin	Celery and Celeriac	Milk	Sesame Seeds	Soya and Soya Products	Molluscs	Crustaceans	Fish	Eggs	Hazelnuts	Tree Nuts	Almonds	Brazil Nuts	Cashew Nuts	Macadamia Nuts	Pecan Nuts	Pistachio Nuts	Walnuts	Other Nuts	Peanuts	Gluten (Oats)	Cereals Containing Gluten	Gluten (Rye)	Gluten (Wheat)	Gluten (Barley)
Mint 2022 Roast Gammon (new recipe)*																											
Mint 2022 Roasted Potatoes* 																											
Mint 2022 Gravy* 																											
Mint 2022 Battered Fillet of Fish (new recipe)*										✓															✓	?	
MINT 2022 Oven Chips* 																											
Mint 2022 Chips* 																											
Mint 2022 Baked Beans* 																											
Mint 2022 Piri Piri chicken (new recipe)*																											
Mint 2022 Green salad* 																											
Mint 2022 Garlic Bread* 																									✓		✓
Mint 2022 coleslaw* 											✓																
Mint 2022 Sticky Chicken*																									✓		✓
Mint 2022 Noodles (concept) Bao* 											✓														✓		✓
Mint 2022 Coconut rice* 																											
Mint 2022 Broccoli * 																											
Mint 2022 Beef Lasagne (concept) Italian Cibo *																									✓		✓






Vegetable

Sulphites		
Mustard		
Lupin		
Celery and Celeriac		
Milk		
Sesame Seeds		
Soya and Soya Products		
Molluscs		
Crustaceans		
Fish		
Eggs		
Hazelnuts		
Tree Nuts		
Almonds		
Brazil Nuts		
Cashew Nuts		
Macadamia Nuts		
Pecan Nuts		
Pistachio Nuts		
Walnuts		
Other Nuts		
Peanuts		
Gluten (Oats)		
Cereals Containing Gluten		
Gluten (Rye)		
Gluten (Wheat)		
Gluten (Barley)		
MINT 2022 Green Beans* 		
Mint 2022 Carrots * 		

Jacket Potatoes

Sulphites		
Mustard		
Lupin		
Celery and Celeriac		
Milk		
Sesame Seeds		
Soya and Soya Products		
Molluscs		
Crustaceans		
Fish		
Eggs		
Hazelnuts		
Tree Nuts		
Almonds		
Brazil Nuts		
Cashew Nuts		
Macadamia Nuts		
Pecan Nuts		
Pistachio Nuts		
Walnuts		
Other Nuts		
Peanuts		
Gluten (Oats)		
Cereals Containing Gluten		
Gluten (Rye)		
Gluten (Wheat)		
Gluten (Barley)		
Mint 2022 Plain Jacket Potato * 		

Dessert

	Sulphites	Mustard	Lupin	Celery and Celeriac	Milk	Sesame Seeds	Soya and Soya Products	Molluscs	Crustaceans	Fish	Eggs	Hazelnuts	Tree Nuts	Almonds	Brazil Nuts	Cashew Nuts	Macadamia Nuts	Pecan Nuts	Pistachio Nuts	Walnuts	Other Nuts	Peanuts	Gluten (Oats)	Cereals Containing Gluten	Gluten (Rye)	Gluten (Wheat)	Gluten (Barley)
Mint 2022 Iced Chocolate Sponge * 											>													>		>	
Mint 2022 Baked Apple Flapjack* 																							>	>		<	<
Mint 2022 Lemon Drizzle Cake * 											>													>		>	
Mint 2022 iced sponge* 											>													>		>	
Mint 2022 CHOCOLATE BROWNIE * 											>													>		>	