

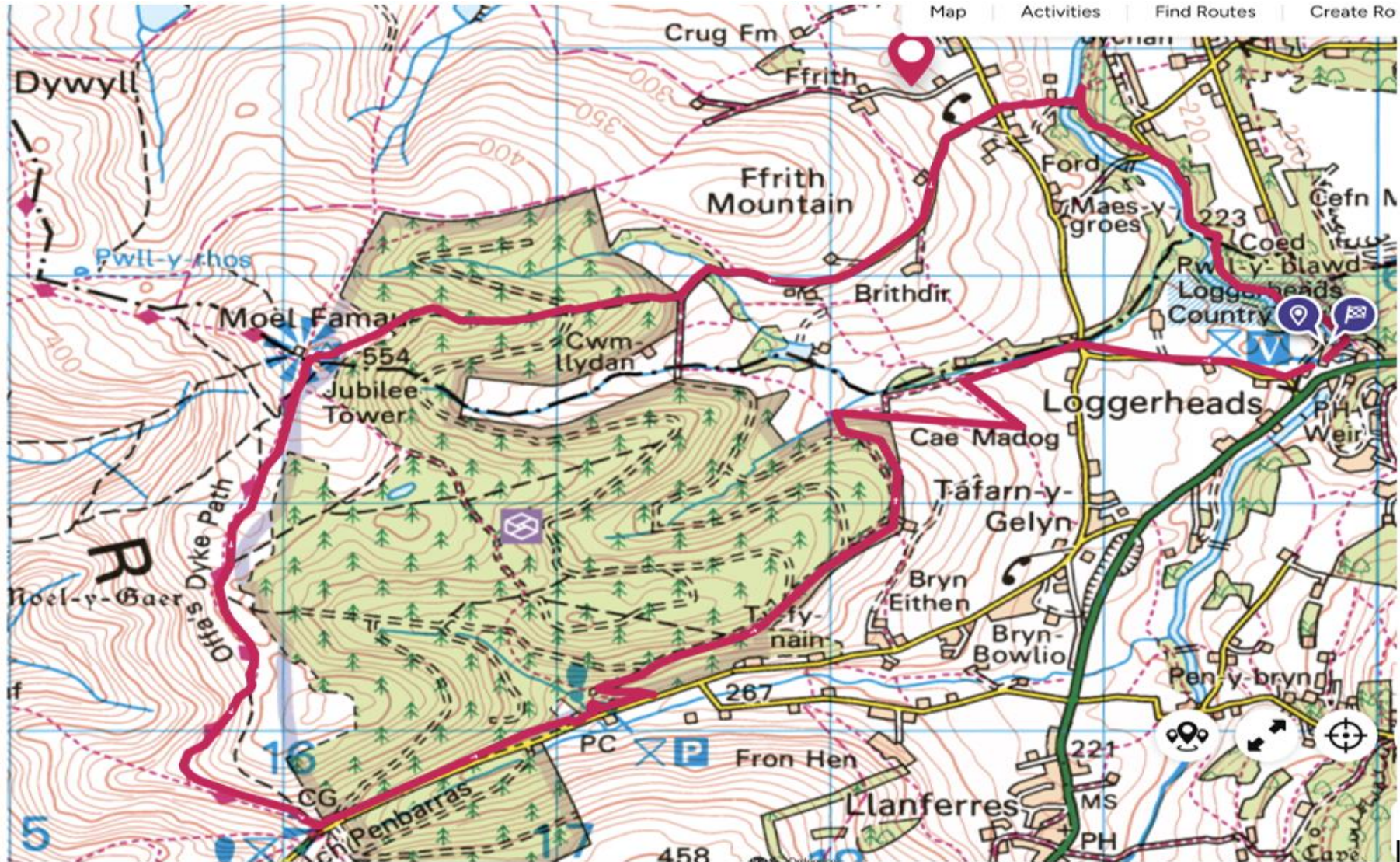
# APST Education and Training Duke of Edinburgh Bronze Expedition



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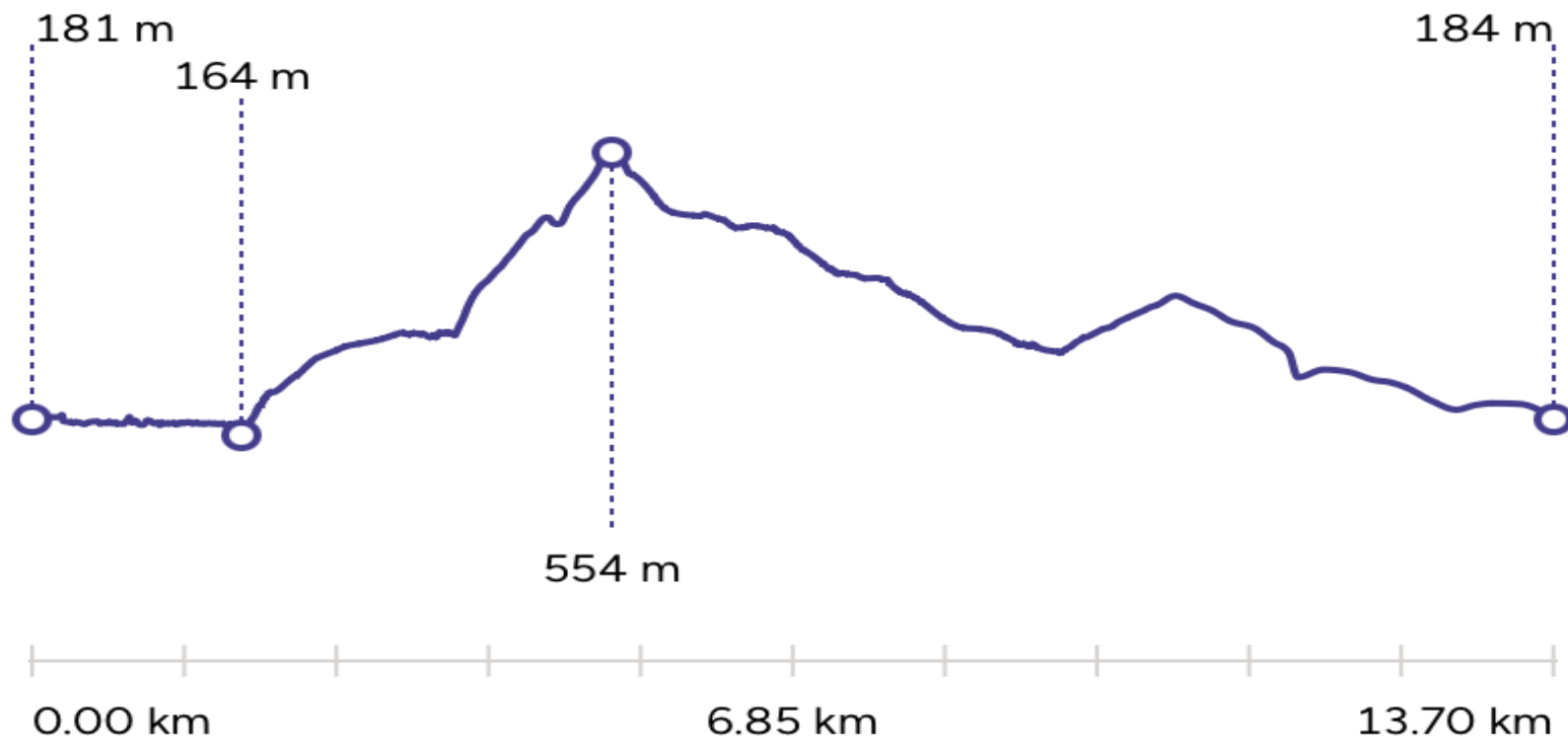
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# Day 1 (Group 1) Map, Elevation and Route Card



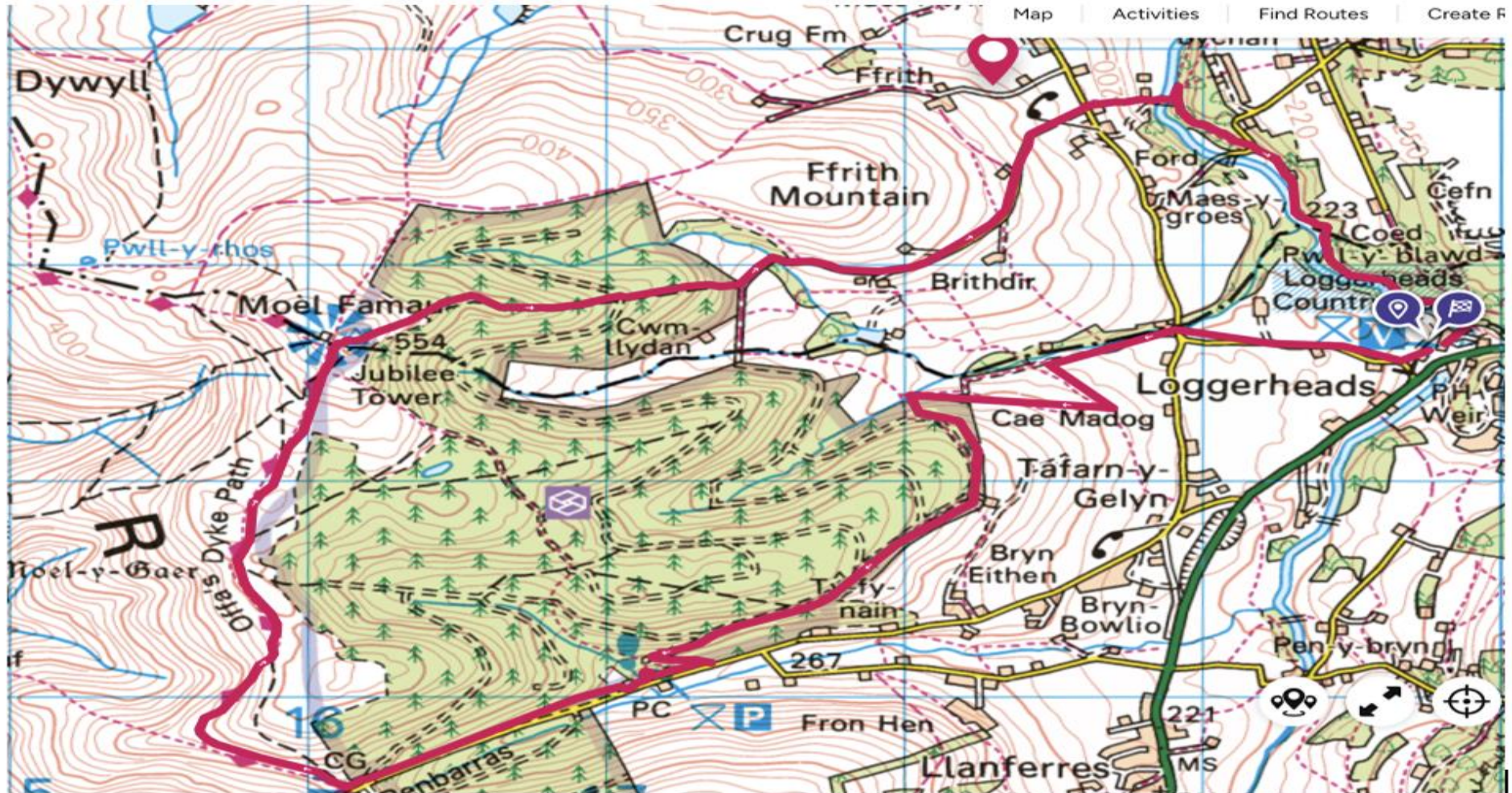
# Elevation

Total ascent: 543 m



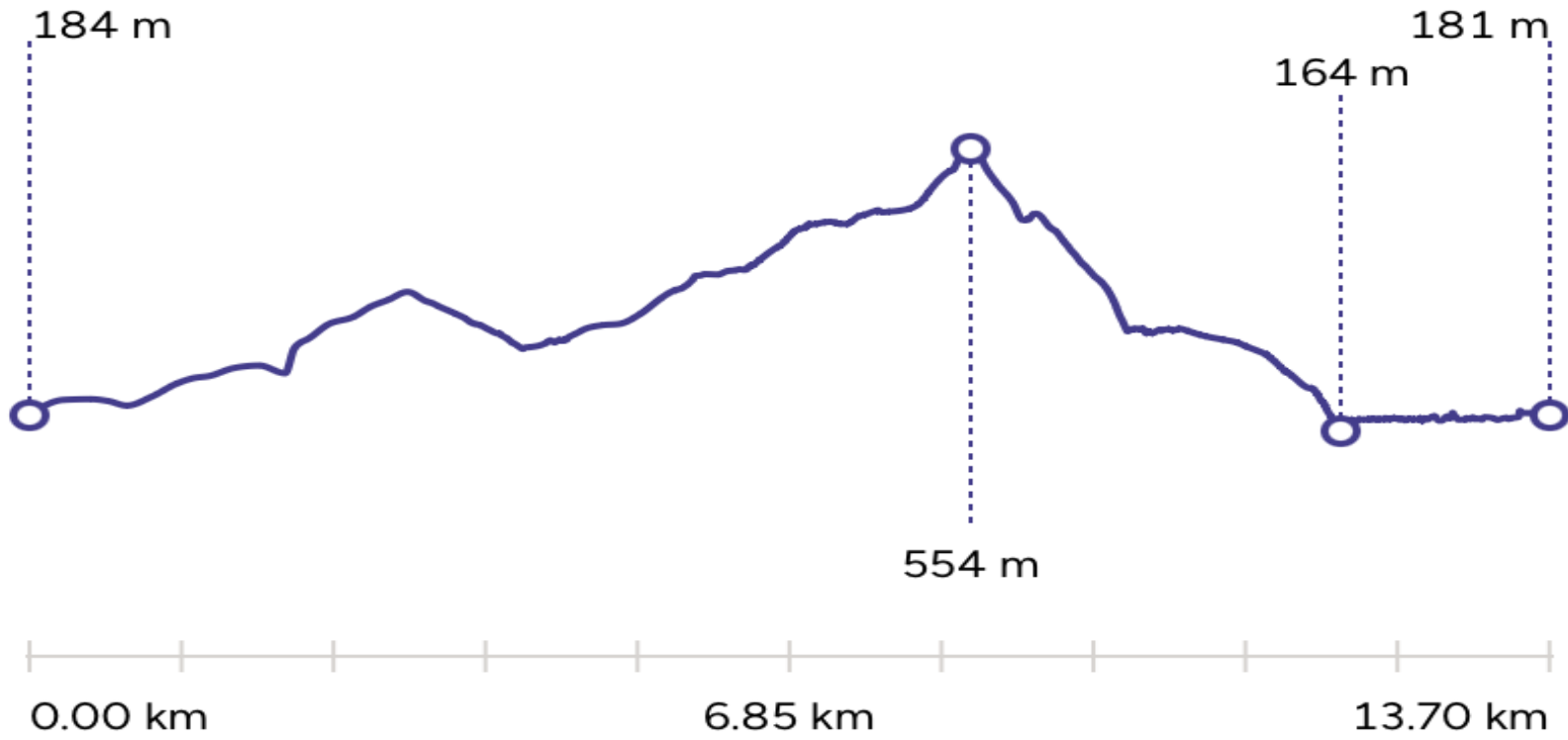
Leg	PLACE WITH GRID REF	General direction or bearing	Distance in km	Height climbed in m	Time allowed for journeying	Time allowed for exploring, rests or meals	Total time for leg	Estimated Time of Arrival	Setting out time: 1030	
	START: Loggerhead Country Park - SJ 1981 6263								Brief details of route to be followed or planned activity. (Enter full details of activity on reverse)	Escape/Notes
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)	
1	TO Brith Dir-Mawr SJ 1757 6302		3.6	172	1	.5	1.5	1200	From Loggerheads, head southwest along well-marked trails towards Brith Dir-Mawr. This leg of the journey offers stunning views of the surrounding countryside, with rolling hills and lush greenery all around. The path may include some elevation gain as you ascend towards Brith Dir-Mawr.	Remote / Close supervision Trackers will be used
2	TO Jubilee Tower (Moel Famau) SJ 1612 6266		1.5	261	1.5	.5	2	1400	Continuing southwards, you'll reach Jubilee Tower, situated atop Moel Famau. This iconic landmark offers panoramic vistas of the Clwydian Range and beyond. The ascent to Jubilee Tower may involve some moderate to steep sections, but the breathtaking views from the summit.	Remote / Close supervision Trackers will be used
3	TO Toilets SJ 1710 6106		3.7	0	1	.5	1.5	1530	Descend from Jubilee Tower and head eastwards towards the designated toilets along the route. This section of the journey may pass through wooded areas and open fields, providing a varied and enjoyable walking experience.	Remote / Close supervision Trackers will be used
4	To Loggerhead Country Park - SJ 1981 6263		4.75	99	1.5	0	1.5	1700	Finally, make your way back to Loggerheads Country Park, completing the circular route. As you return to the starting point, take the time to appreciate the natural beauty of the area once more, reflecting on the memorable moments of your trek.	Remote / Close supervision Trackers will be used
		<b>Totals:</b>	See above map	See elevation map	5	1.5	6.5	1700	<b>Supervisor's name, location and Tel No: Ashley Power – 07792241065</b>	

# Day 1 (Group 2) Map, Elevation and Route Card



# Elevation

Total ascent: 546 m



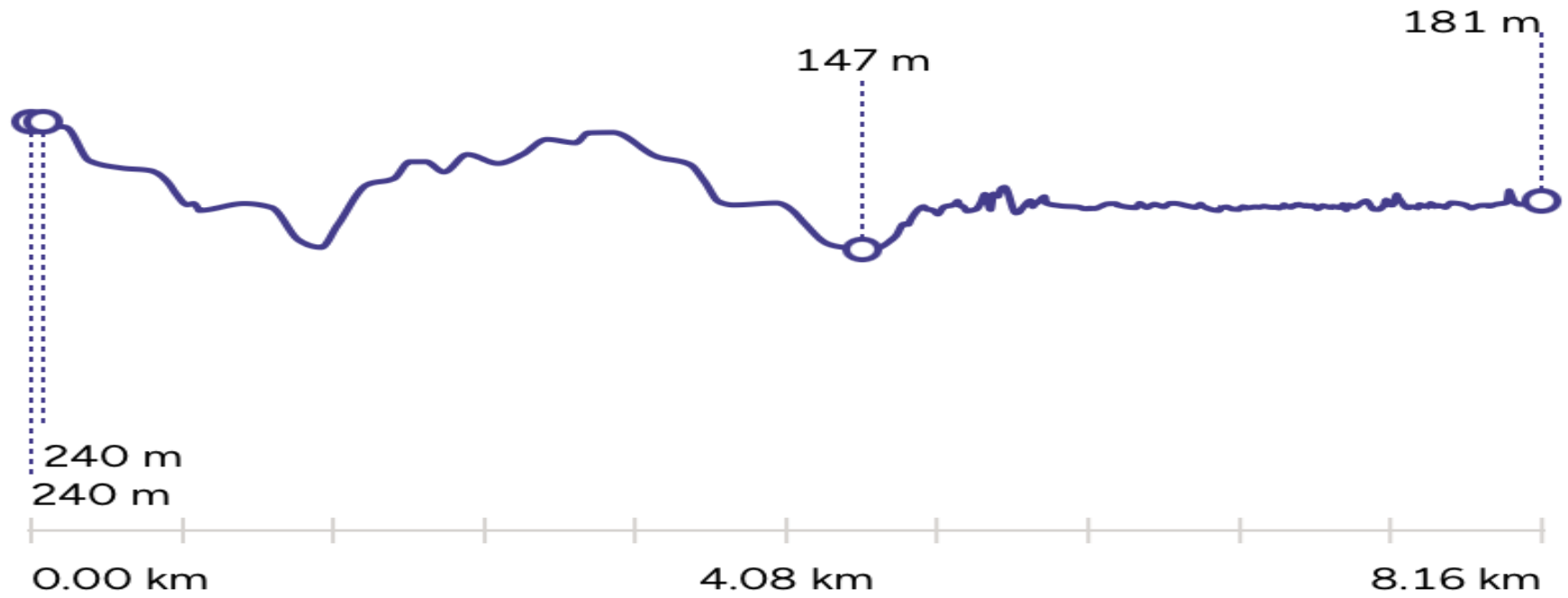
Leg	PLACE WITH GRID REF	General direction or bearing	Distance in km	Height climbed in m	Time allowed for journeying	Time allowed for exploring, rests or meals	Total time for leg	Estimated Time of Arrival	Setting out time: 1030	
	START: Loggerhead Country Park - SJ 1981 6263								Brief details of route to be followed or planned activity. (Enter full details of activity on reverse)	Escape/Notes
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)	
1	TO Toilets SJ 1710 6106		4.7	206	1.5	.5	2	1230	Loggerheads Country Park to Toilets (SJ 1710 6106) From Loggerheads, follow the trail south-east towards the designated toilets along the route. This section may take you through woodland areas and open fields, providing a tranquil setting for your walk.	Remote / Close supervision  Trackers will be used
2	TO Jubilee Tower (Moel Famau) SJ 1612 6266		3.8	274	1.5	.5	2	1430	Continue your journey eastwards, making your way towards the iconic Jubilee Tower atop Moel Famau. As you ascend, you'll be treated to breathtaking views of the Clwydian Range and the surrounding countryside. The trail may involve some moderate to steep sections, so be prepared for a bit of exertion.	Remote / Close supervision  Trackers will be used
3	TO Brith Dir-Mawr SJ 1757 6302		1.5	12	.5	0	.5	1500	From Jubilee Tower, head north towards Brith Dir-Mawr, soaking in the stunning vistas along the way. This leg of the journey may offer expansive views of the Welsh landscape, with rolling hills and verdant valleys stretching out before you.	Remote / Close supervision  Trackers will be used
4	To Loggerhead Country Park - SJ 1981 6263		3.7	54	1	.5	1.5	1630	Complete the circular route by heading westwards back towards Loggerheads Country Park. As you return to your starting point, take the time to reflect on the memorable moments of your trek and the natural wonders you've encountered.	Remote / Close supervision  Trackers will be used
		<b>Totals:</b>	See above map	See elevation map	4.5	1.5	6	1630	<b>Supervisor's name, location and Tel No: Ashley Power - 07792241065</b>	

## Day 2 (All) Map, Elevation and Route Card



# Elevation

Total ascent: 233 m

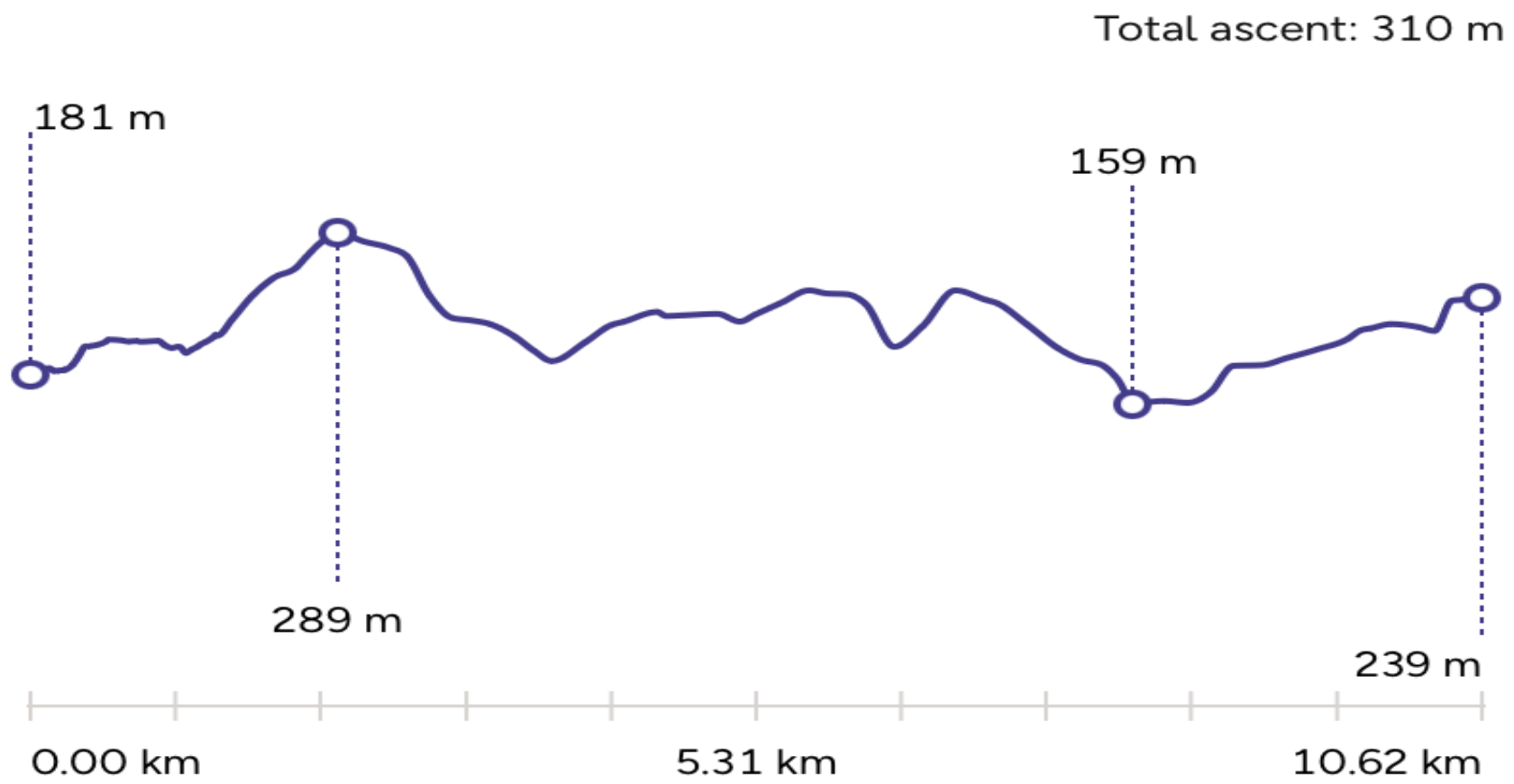


Leg	PLACE WITH GRID REF	General direction or bearing	Distance in km	Height climbed in m	Time allowed for journeying	Time allowed for exploring, rests or meals	Total time for leg	Estimated Time of Arrival	Setting out time: 0900	
	START: Loggerhead Country Park - SJ 1981 6263								Brief details of route to be followed or planned activity. (Enter full details of activity on reverse)	Escape/Notes
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)	(k)
1	TO SJ 191 670		2.25km	67 m	1h	.5	1.5	1030	Depart Fron Farm, head toward Cilcian Hall, enter the woods to the left, follow the marked foot path until meeting the road (staff will be present to assist crossing). Once across the road, follow the footpath signs which had up hill to the small road at SJ 192 674. Cross the road, enter the field and woods through Garreg Boeth to the road which separate the fields – Enter checkpoint 1	Remote / Close supervision Trackers will be used
2	TO Car Park SJ 18797		2km	105 m	45 mins	.5	1	1130	From the checkpoint 1 the group will enter the woods, following the natural and well-marked path through the woods, however there are several routes through all of which end on the same round, just at different locations. Therefore, the group will be supervised closely incase the wrong path is taken. This will be backed up with trackers for the safety staff. Once through the woods the group will hit the road, ending down the road through the farm on the right, through the field where the checkout car park can be found.	Remote / Close supervision Trackers will be used
4	To Loggerhead Country Park - SJ 1981 6263		4km	233 m	2h	.5	2.5	1400	This route follows the well signed Loggerheads country park. The path clear and well populated. There is a water source to the right of the walking direction which should be used as the handrail for this leg. The route goes over a bridge that across Devil's Gorge. The group will cross the bridge and continue the path. They will not enter Devil's gorge. Finally reaching the visitors centre at Loggerheads Country Park	Remote / Close supervision Trackers will be used
	Totals:		See above map	See elevation map	3.45	1.5	5	1400	Supervisor's name, location and Tel No: Ashley Power - 07792241065	

# Plan B – Adapted Map, Elevation and Route Card



# Elevation



Leg	PLACE WITH GRID REF	General direction or bearing	Distance in km	Height climbed in m	Time allowed for journeying	Time allowed for exploring, rests or meals	Total time for leg	Estimated Time of Arrival	Setting out time: 1030	
	START: Loggerhead Country Park - SJ 1981 6263								Brief details of route to be followed or planned activity. (Enter full details of activity on reverse)	Escape/Notes
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)	
1	TO Cilcian SJ 1765 6522		4.5	150	1.5	.5	2hrs	1230	From Loggerhead, follow the path towards Cilcian, located at coordinates SJ 1765 6522. This portion of the route may lead you through verdant woodlands and past charming countryside scenery, offering a serene start to your walk.	Remote / Close supervision Trackers will be used
2	TO Tan – Plas – Yw SJ 1655 6705		2.5	80	1	0	1hr	1330	Continuing on your journey, you'll pass through Tan – Plas – Yw, located at coordinates SJ 1655 6705. This could be a tranquil rural area, offering views of farmland or possibly even some historical sites to explore.	Remote / Close supervision Trackers will be used
3	To Telephone box SJ 1752 6784		2	0	.5	.5	1hr	1430	Proceed onwards to the telephone box located at the junction of Denbigh Road and Star Crossing Road, situated at coordinates SJ 1752 6784. This landmark serves as a useful point of reference, guiding you along your route as you navigate through the countryside.	Remote / Close supervision Trackers will be used
4	To Fron Farm SJ 1889 6854		2	90	1	0	1hrs	1530	Conclude your walk at Fron Farm, nestled at coordinates SJ 1889 6854. Here, you can unwind amidst the tranquil surroundings of the farmstead, perhaps taking a moment to soak in the sights and sounds of rural life before concluding your journey.	Remote / Close supervision Trackers will be used
		<b>Totals:</b>	See above map	See elevation map	4	1	5	1530	<b>Supervisor's name, location and Tel No: Ashley Power - 07792241065</b>	